

REVITALIZING BODY MASSAGES

30MIN - \$65
45MIN - \$90
60MIN - \$120
90MIN - \$180

SWEDISH MASSAGE

A relaxing anti-stress massage to reduce tension, relieve stress and restore your overall sense of well-being.

REMEDIAL MASSAGE

A therapeutic massage in which the therapist will deal with problem areas and tailor to your individual needs.

SHIATSU OR THAI MASSAGE

These are traditional treatments and they are "only" available up on request.

AROMATHERAPY MASSAGE

A soothing massage using a range of "pre-blended essential oils".

PRE & POST NATAL MASSAGE

Let our therapists customized massage sequences focusing on your lower back, legs and all those tired parts of your body.

AMRITA SPA SIGNATURE TREATMENTS

CHOCOLATE DECADENT TREATMENT (90MIN) \$165
This decadent treatment begins with an aromatherapy ritual to relax the mind, body and soul, followed by a massage with our decadent Chocolate body scrub. The treatment finishes with a chocolate balm applied to the entire body and the final touch is a body balance performed with ancient Thai Pindas.

DUO-INDULGENCE MASSAGE (60MIN) \$230
This could be considered the ultimate indulgence - two therapists working simultaneously using Amrita's pre-blended Aromatherapy oils making this an experience to remember.

ULTIMATE AMRITA SPA SANCTUARY (3.5HRS) \$450
This ultimate package includes a 30-min Sea salt scrub, a 60-min therapeutic body massage, a 60-min Aromatherapy Essential skin care treatment, an express manicure & express pedicure

NOURISHING SKIN CARE FACIALS

NOURISHING EYE TREATMENT (30MIN) \$65
A luxuriant refresher for the eye area or the perfect complement to a facial.

EXPRESS SKIN CARE FACIAL (30MIN) \$80
This Dermalogica treatment will leave your skin with a vibrant healthy glow - the perfect pick-me-up to nourish and brighten the skin.

CLASSIC SKIN CARE FACIAL (60MIN) \$120
This classic skin care facial includes two cleanses, exfoliation and masque with a neck & shoulder massage - ideal for everyday needs.

AMOUR FOR MEN (60MIN) \$130
This skin treatment is especially tailored for a man's needs - designed to eliminate toxins, reduce wrinkles and improve and strengthen skin elasticity.

MULTI VITAMIN POWER TREATMENT (60MIN) \$130
A Dermalogica skin care treatment specially formulated to combat the signs of aging by improving skin elasticity, tone & texture while restoring softness & suppleness.

AROMA ESSENCE SKIN CARE TREATMENT (60MIN) \$140
Natural aroma essential oils are used in this facial to moisturize, purify, desensitize and revitalize depending on your skin type



HAND & FOOT TREATMENTS

EXPRESS PEDICURE OR MANICURE (30MIN) \$65
Includes nail trimming, cuticle conditioning and polish.

LUXURY SPA PEDICURE OR MANICURE (60MIN) \$120
WITH PARAFFIN \$130
These treatments incorporate a purifying mineral exfoliation along with a massage for the feet and legs and a pressure point massage for the hands and arms.

GROUNDING WILD THYME FOOT MASSAGE (30MIN) \$80
A luxurious treatment for your feet using an Organic Wild Thyme Pumice this treatment will invigorate your whole being and create grounding within your soul.

BODY SCRUBS & WRAPS

SEA SALT SCRUB (30MIN) \$80
Combining sea salt and a mixture of our pre-blended essential oils - this beautiful salt scrub exfoliates and moisturizes the skin.

COFFEE CONTOUR SCRUB WITH MICRO-ALGAE (30MIN) \$80
A natural scrub containing high levels of caffeine-rich ground coffee beans that promises to increase circulation and reduce cellulite. The combination of Coffee Beans and Volcanic Pumice remove dead skin cells and soften the skin and the sweet blend of Vanilla & Coffee soothes the spirit and stimulates the mind.

DELUXE CHOCOLATE HONEY SCRUB (30MIN) \$80
Say goodbye to stress and welcome harmony from chocolate! Chocolate scrub made of natural cocoa bean particles has been proven to produce endorphins "happiness hormones" therefore making it a great way to start any spa therapy treatment and leave your skin silky smooth.

DELUXE CHOCOLATE HONEY IONIC WRAP (30MIN) \$80
A moisturising Ionic body wrap rich in vitamins with a rich aroma of chocolate and Australian honey. Ideal to relax your senses while Aloe Vera, cucumber and Crystal Ion 120 soothe and detoxify.

GREEN TEA SCRUB GEL (30MIN) \$80
A rich blend of sea Minerals & Green Tea Extract make this Natural Body Scrub a revitalizing experience. Finely ground walnut and volcanic pumice gently remove dead skin cells leaving the skin clean and smooth while Sea Mineral and Green tea Extracts revitalize the skin.

GREEN TEA IONIC WRAP (30MIN) \$80
This IONIC Wrap detoxifies the skin on a cellular level. A rich blend of Australian Clays & Green Tea Extract makes this natural body wrap a revitalizing experience. Crystal ION-120 actively cleanses the skin of free radicals and leaves it feeling clean and silky smooth.

TRANQUILITY HYDRO & BODY WRAP (60MIN) \$130
Starting with a massage using essential oils of lavender, geranium, bourbon and sweet orange to relax the central nervous system followed by a body wrap to induce heat. Whilst cocooned the therapist will gently massage your face and head with our Ayurvedic marma point techniques.

AMRITA SPA PACKAGES

MEN'S RETREAT PACKAGE (60MIN)	\$120
Look & feel fresh before that important meeting. Includes a 15min facial scrub followed by a 45min remedial massage.	
CLASSIC BREAK PACK (60MIN)	\$135
This package includes a 30min clay body mud wrap and a 30min anti-stress massage.	
BODY BEAUTIFUL (60MIN)	\$150
A 30min sea salt scrub, your choice of body wrap and a pressure point face massage whilst you relax.	
BEYOND HEAVEN (90MIN)	\$185
A 30min back massage, a 60min classic skin care facial and pampering foot massage whilst you relax.	
REVIVE PACKAGE (90MIN)	\$190
A 30min wild thyme foot treatment and a 60min massage of your choice.	
THE RECOVERY PACKAGE (90MIN)	\$190
30min Coffee Contour scrub followed by a 60min Swedish massage.	
AROMA RETREAT (2HRS)	\$250
A 60min Aromatherapy massage and a 60min aromatherapy facial including pressure point scalp and a foot massage.	
Just For Men (2HRS)	\$250
The perfect combination - a 60min skin care treatment and a 60min therapeutic massage.	
HEAVENLY PACKAGE (2HRS)	\$260
A 30min Green Tea scrub, 30min Green Tea IONIC body wrap and a 60min massage of your choice – heaven!	
BLISS PACKAGE (3HRS)	\$360
A 60min Swedish massage for relaxation, a nourishing 60min classic skin care facial and an express manicure and pedicure for total bliss.	
AMRITA SPA TOTAL WELLNESS (ESTIMATED 3HRS)	\$390
You are invited to take pleasure in a Dead Sea salt scrub, a Dead Sea mud wrap, a 60min full body massage including scalp massage and a 60min skin care treatment for total wellness.	

WAXING & TINTING

WAXING

BIKINI	\$40	UNDERARM	\$30
EYEBROW	\$25	LIP OR CHIN	\$20
HALF LEG	\$45	FULL LEG	\$65
MEN'S FULL LEG	\$80	MEN'S CHEST OR BACK	\$60

TINTING

EYELASH	\$30	EYEBROW	\$25
EYELASH & EYEBROW	\$45		



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DISCOVER
A SANCTUARY
OF BLISS AND
WELLNESS

9am to 7pm every day
10am to 4pm public holidays (surcharge applies)

Swissôtel Sydney on Market Street
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Email: amrita.sydney@swissotel.com

Tel: 9238-7777

Fax: 9238 8899

All appointments are accepted with the condition of a full fee charge with cancellation prior to 24hrs notice & 5 days for group bookings. Late arrivals will be subject to reduced treatment time with full payment applicable. If you need further clarification on our policy please do not hesitate to discuss it when making your treatment booking.